

West District Cross Country Relay Championships
Senior/Junior Men

Team Medal Analysis
First Championship 1926-7

18	2018-9	Shettleston H	12	2019-20	Shettleston H	4	2023-4	Shettleston H
	2016-7	Shettleston H		2014-5	Shettleston H		2003-4	Shettleston H
	2015-6	Shettleston H		2010-1	Shettleston H		1998-9	Shettleston H
	2013-4	Shettleston H		2007-8	Shettleston H		1977-8	Shettleston H
	2011-2	Shettleston H		1999-2000	Shettleston H			
	2009-10	Shettleston H		1995-6	Shettleston H			
	2008-9	Shettleston H		1993-4	Shettleston H			
	2004-5	Shettleston H		1991-2	Shettleston H			
	2001-2	Shettleston H		1990-1	Shettleston H			
	1997-8	Shettleston H		1980-1	Shettleston H			
	1996-7	Shettleston H		1979-80	Shettleston H			
	1994-5	Shettleston H		1928-9	Shettleston H			
	1984-5	Shettleston H						
	1978-9	Shettleston H						
	1977-8	Shettleston H						
	1976-7	Shettleston H						
	1975-6	Shettleston H						
	1926-7	Shettleston H						

9	2025-6	Cambuslang H	6	2017-8	Cambuslang H	10	2021-2	Cambuslang H
	2024-5	Cambuslang H		2011-2	Ronhill Cambuslang H		2017-8	Cambuslang H
	2019-20	Cambuslang H		2002-3	Ronhill Cambuslang H		2016-7	Cambuslang H
	2012-3	Ronhill Cambuslang H		1997-8	Cambuslang H		2015-6	Ronhill Cambuslang H
	2005-6	Ronhill Cambuslang H		1992-3	Cambuslang H		2013-4	Ronhill Cambuslang H
	2003-4	Ronhill Cambuslang H		1988-9	Cambuslang H		2006-7	Ronhill Cambuslang H
	1991-2	Cambuslang H					2004-5	Ronhill Cambuslang H

1987-8	Cambuslang H
1981-2	Cambuslang H

2001-2	Ronhill Cambuslang H
1989-90	Cambuslang H
1980-1	Cambuslang H

7	2014-5	Inverclyde AC	9	2024-5	Inverclyde AC	2	2025-6	Inverclyde AC
	2010-1	Inverclyde AC		2022-3	Inverclyde AC		2005-6	Inverclyde AC
	2007-8	Inverclyde AC		2021-2	Inverclyde AC			
	2006-7	Inverclyde AC		2018-9	Inverclyde AC			
	2002-3	Inverclyde AC		2015-6	Inverclyde AC			
	2000-1	Inverclyde AC		2009-10	Inverclyde AC			
	1999-2000	Inverclyde AC		2008-9	Inverclyde AC			
				2001-2	Inverclyde AC			
				1998-9	Inverclyde AC			

3	1986-7	Spango Valley AC	4	1982-3	Spango Valley AC	2	1983-4	Spango Valley AC
	1985-6	Spango Valley AC		1981-2	Spango Valley AC		1976-7	Spango Valley AC
	1979-80	Spango Valley AC		1978-9	Spango Valley AC			
				1977-8	Spango Valley AC			

3	2023-4	Kilbarchan AAC	6	2025-6	Kilbarchan AAC	16	2022-3	Kilbarchan AAC
	1998-9	Kilbarchan AAC		2016-7	Kilbarchan AAC		2019-20	Kilbarchan AAC
	1992-3	Kilbarchan AAC		2006-7	Kilbarchan AAC		2018-9	Kilbarchan AAC
				2005-6	Kilbarchan AAC		2012-3	Kilbarchan AAC
				2003-4	Kilbarchan AAC		2010-1	Kilbarchan AAC
				2000-1	Kilbarchan AAC		2009-10	Kilbarchan AAC
							2008-9	Kilbarchan AAC
							2007-8	Kilbarchan AAC
							1997-8	Kilbarchan AAC
							1996-7	Kilbarchan AAC
							1995-6	Kilbarchan AAC
							1994-5	Kilbarchan AAC
							1993-4	Kilbarchan AAC
							1990-1	Kilbarchan AAC

1985-6	Kilbarchan AAC
1984-5	Kilbarchan AAC

2	1993-4	Springburn H	2	1987-8	Springburn H	2	1991-2	Springburn H
	1989-90	Springburn H		1985-6	Springburn H		1982-3	Springburn H

2	1982-3	Law & District AC	2	1986-7	Law & District AAC	1	1987-8	Law & District AC
	1980-1	Law & District AC		1983-4	Law & District AC			

2	2022-3	Giffnock North AC				2	2024-5	Giffnock North AAC
	2021-2	Giffnock North AC					2014-5	Giffnock North AAC

2	1928-9	Plebian H
	1927-8	Plebian H

1	1983-4	Bellahouston H	1	1984-5	Bellahouston H	2	1988-9	Bellahouston H
							1981-2	Bellahouston H

1	1988-9	Greenock Glenpark H	1	1994-5	Greenock Glenpark H	1	1986-7	Greenock Glenpark H
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1	1995-6	Clydesdale H	1	1996-7	Clydesdale H
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1	2017-8	East Kilbride AC				1	1979-80	East Kilbride AAC
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1	1990-1	Annan & District AC
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2	2013-4	VP City of Glasgow AC	1	2011-2	VP City of Glasgow AC
	2012-3	VP City of Glasgow AC			

2	1976-7	Clyde Valley AC	1	1978-9	Clyde Valley AC
	1975-6	Clyde Valley AC			

2	1927-8	Garscube H	1	1928-9	Garscube H
	1926-7	Garscube H			

1	1989-90	Clydebank AC
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1	2004-5	Irvine AC
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1	1989-90	Glasgow University H&H
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3	2000-1	Victoria Park AAC
	1992-3	Victoria Park AAC
	1975-6	Victoria Park AAC

1	2002-3	Kirkintilloch O
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1	1999-2000	JW Kilmarnock H
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1	1927-8	Beith H
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1	1926-7	Maryhill H
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